

EVENT REPORT

1	Title of the event	Medical Health check up at Sri Durgaparameshwari Bhajana Mandira Sunkkadakatte, Vorkady, Manjeshwar
2	Date of the event	27.08.2025
3	Organizing department / centre / college	Department of Swashavritta and Yoga Yenepoya Ayurveda Medical College & Hospital , Naringana
4	Organizing committee members	1. Dr. Veeraj Praveen
5	Name / s of the resource person, designation and affiliation	-
6	Event schedule (<i>enclose brochure if available</i>)	-
7	Brief report of the event <i>(Please describe the objectives of the event and benefit (impact) to students, teachers, patients, or society)</i>	<p>A free medical camp was organized on 27-8-2025 at Sri Durgaparameshwari Bhajana Mandira Sunkkadakatte , Vorkady, Manjeshwar by Department of Swashavritta and Yoga, Yenepoya Ayurveda Medical College & Hospital,Naringana. The camp aimed to provide preventive, promotive, and curative health services to the community. A total of 80 beneficiaries attended, with the majority presenting lifestyle-related disorders such as diabetes, hypertension, obesity, and musculoskeletal complaints.</p> <p>The camp included general health check-ups, Ayurvedic consultations, distribution of medicines, and counseling on diet and lifestyle modifications.</p> <p>The event was well received by the community, and participants expressed gratitude for the accessible healthcare support. The camp successfully emphasized early detection, holistic management, and community well-being.</p>
8	Outcome of the Event	<p>Outcomes:</p> <ol style="list-style-type: none"> 1. A total of 80 individuals benefited from the camp services. 2. Nearly 70% of participants were identified with lifestyle-related disorders such as diabetes, hypertension, and obesity. 3. Early detection of undiagnosed cases of hypertension and diabetes was achieved in 15



YENEPoya

(DEEMED TO BE UNIVERSITY)
Recognized under Sec 3(A) of the UGC Act 1956
Accredited by NAAC with 'A' Grade

participants.

4. More than 50% of the beneficiaries received personalized counselling on diet, physical activity, and stress management.
5. About 20% of participants were advised for further diagnostic evaluation and specialist consultation.
6. Awareness regarding preventive health and importance of regular screening significantly improved among the attendees.
7. The camp helped to bridge the gap between healthcare services and community access in a cost-effective manner.
8. Follow-up plans were created for those with chronic conditions to ensure continuity of care.
9. Educational leaflets and lifestyle modification tips were well received by the participants.
10. Overall, the camp created a positive impact in promoting healthy practices and early intervention for lifestyle disorders.

9	Number of beneficiaries <i>(Attach copy of the attendance sheet)</i>	Interns	6
		Consultant	1
		Others (specify)	2
		Beneficiaries	Patients - 80
10	Attach geo-tagged photographs of the event with appropriate captions. <i>Please ensure quality of the photographs as the same may be used in various reports and websites.</i>		
	 <p>Vorkady, Kerala, India Nallegi Mulo, T4, Manjeshwar - Subrahmanya Rd, Nallegi, Varkady, Kerala 671323, India Lat 12.749454° Long 74.937279° 27/08/2025 11:16 AM GMT +08:30</p>		

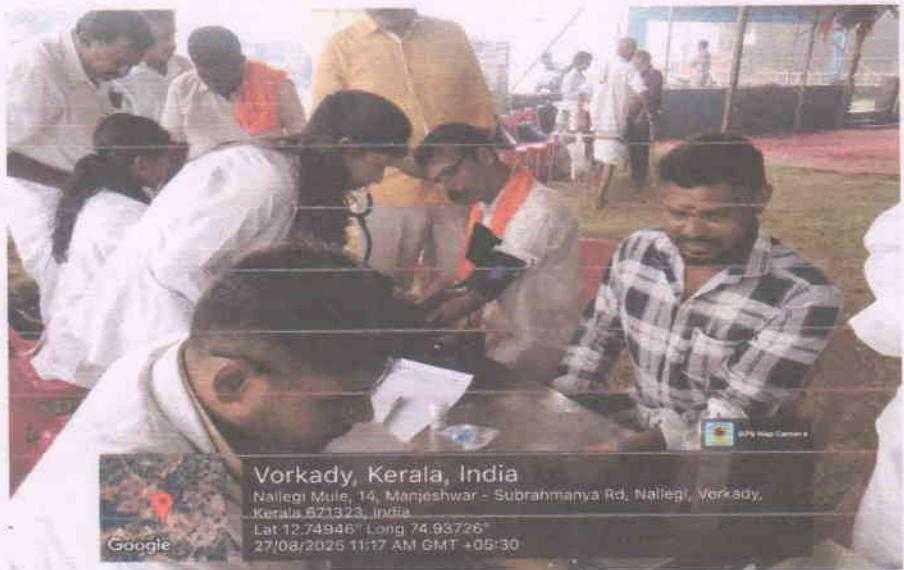


YENEPoya

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(2)(c) of the UGC Act 1956

Accredited by NAAC with 'A' Grade



11 Seal and signature of the organizer .

2/9/25
Medical Superintendent
Yenepoya Ayurveda Medical College & Hospital